

ABSTRACT

A contact training device for batting practice that includes a mounting base having bores therein, peg supports removably attachable to the mounting base bores and a peg mounted to each peg support. A number of pegs may be assembled on the mounting board at one time to  
5 allow for batters of varying heights and/or to provide a single batter a number of targets, simulating various pitches, at which to swing. The pegs are made of a flexible, resilient material such that when struck by a batter, deflect and thereby provide feedback to the batter as to direction of swing.